

THE FAMILIAL CONTEXT OF CHILDREN'S CREATIVITY: PARENTING STYLES AND THE CLIMATE FOR CREATIVITY IN PARENT-CHILD RELATIONSHIP

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Abstract. The purpose of this study was to explore the relationship between dimensions of a constructive parenting style, (i.e. parental acceptance and autonomy granting) factors of the climate for creativity in parent-child relationships (encouragement to experience novelty and variety, encouragement of nonconformism, support of perseverance in creative efforts, and encouragement to fantasize), and parents' visual mental imagery. 313 parents of children between 6 and 12 years of age participated in the study. The results indicated that (a) a constructive parenting style was positively related to three of four factors of the climate for creativity in the parent-child relationships, *i.e.* encouragement to experience novelty and variety, support of perseverance in creative efforts, and encouragement to fantasize in the parent-child relationship; (b) parents' level of vividness of mental imagery was positively related with both parental acceptance of child and autonomy support as well as components of climate for creativity in parent-child relationship; (c) mothers scored significantly higher than fathers in exhibiting acceptance of a child; (d) parents' gender played an important role in the relations between dimensions of constructive parenting style and factors of climate for creativity in parent-child relationships. Findings were discussed in terms of the implications for further research and theory development in the area of family influences on the development of children's creativity.

Keywords: climate for creativity in parent–child relationship, creative home environment, creativity, parenting styles, visual mental imagery.

Introduction

The family as a basic social institution plays a crucial role in child's development, including creativity (*e.g.* Jankowska & Karwowski, 2019; Koestner et al., 1999; Miller & Gerard, 1979; Pang et al., 2020). Many studies were conducted on the impact of family relations on creativity (*e.g.* Green Gardner & Moran, 1990; Lebuda & Csikszentmihalyi, 2020; Michel & Dudek, 1991), but there is still a lack of research on a specific climate for creativity in the relationship between a parent and a child (Kwaśniewska & Lebuda, 2017). Most existing

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This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons. org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited. studies on climate for creativity focused on an organizational setting (Ekvall, 1996; Hunter et al., 2007) and school environment (e.g. Ekvall & Ryhammar, 1998; Furman, 1998; Kallestad et al., 1998; Karwowski, 2011). It is proven that parents who support their child's creativity create a specific climate within the home, *i.e.* they encourage to experience novelty, variety, and nonconformism, inspire to fantasize and creative thinking, and support for perseverance in creativity efforts (Kwaśniewska et al., 2018). On the other hand, it has also been proved that the parenting style characterized by parental warmth, acceptance of child, and autonomy support plays a vital role in a child's creativity development (e.g. Fan & Zhang, 2014; Grolnick et al., 2002; Lim & Smith, 2008; Tennent & Berthelsen, 1997). In fact, both in the case of research on parenting styles and research on the climate for creativity in the family context, the analyses concern parental practices. The only difference between the two cases is that in the first one the analyses are at a general-domain level, which means that they relate to a wide range of behaviors related to parenthood, while analyses of the climate for creativity are domain-specific, *i.e.* they are associated with parents' behavior of supporting their child's creativity. Interestingly, the relationship between parenting styles and parental behaviors that constitute the climate of creativity in a family context has not been examined yet. However, in other areas of parental research (see e.g. parental self-efficacy: Wittkowski et al., 2017), such levels of measurement and analysis have already been established. Additionally, parental styles analysis was assigned to a broader category of research into the climate in family life and the quality of home environment (Olszewski et al., 1987). To fill this gap in empirical literature on creative home environment, the present study was designed as likely the first attempt to investigate the link between constructive parental styles (more specifically, parental acceptance and autonomy granting) and dimensions of the climate for creativity in parent-child relationships, namely encouragement to experience novelty and variety, encouragement of nonconformism, support of perseverance in creative efforts, and encouragement to fantasize. It also takes into account vividness of visual mental imagery as parents' creative potential (e.g. González et al., 1997; Jankowska & Karwowski, 2020; Palmiero et al., 2011). Thus, through the findings of this study it is hoped that this might lead to a better understanding of parental behaviors that build a creative home environment. It is important because parents who value creativity and provide a creative home environment are more likely to nurture children's creativity (Pugsley & Acar, 2020).

1. Fostering creativity at home

Research on family factors related to the development of children's talent and creativity can be divided into four main categories: (1) family structural characteristics, such as socioeconomic status, family size, family structure, sibling constellations or number of siblings; (2) family climate or environment that refers to the dimensions of atmosphere within the home and includes parenting styles and attitudes, behaviors and practices, as well as emphasis on structure, and rules for family life; (3) values espoused by parents regarding success and achievement; and (4) values enacted/modelled, such as providing cultural experiences (see *e.g.* Olszewski et al., 1987). Both analyses of parenting styles and family climate in parent– child relationship refer to the second of these categories. These characteristics capture the quality of home environment and cover parental behaviors and structures intended to realize basic functions for optimal children's development, including safety/sustenance, stimulation, socioemotional support, structure, and surveillance (Bradley & Corwyn, 2013).

In the field of creativity, despite the long history of studies regarding the influence of family factors on realization of children's creative potential, research on the role of home (family) environmental factors is still quite limited (*e.g.*, Deng et al., 2016; Jankowska & Karwowski, 2019). Early theoretical perspectives on this subject emphasized that parents who encourage their children to develop and express their own thoughts, feelings, and ideas (autonomy) while maintaining secure attachment and positive emotional bonds (acceptance) create a creative home environment (*e.g.*, Erikson, 1950; Rogers, 1954). Rogers (1954) was likely the first to try to define and describe a creativity-fostering environment, emphasizing the role of psychological safety and freedom. When testing this theory, Harrington, J. H. Block and J. Block (1987) found significant relationships between parenting behaviors suggested by Rogers and creative potential at both preschool stage and seven years later in early adolescence years. When controlled for the effects of sex, intelligence, and preschool creativity, these results were still significant.

Further empirical studies that examined the influence of a family environment on children's creativity also revealed a relationship between creativity and parenting style, which is conceptualized as a constellation of parents' attitudes and behaviors toward children and an emotional climate in which the parents' behaviors are expressed (Darling & Steinberg, 1993). Baumrind (1967) and later Maccoby and Martin (1983) described two dimensions in parenting styles, namely demandingness and responsiveness, identifying four types of parenting styles: authoritative, permissive, authoritarian, and neglectful. More recent studies on parenting styles more frequently focus on parental warmth, control, and structure, defined as "the features, the qualities, the descriptive scheme used to capture the nature of parenting" (Skinner et al., 2005, p. 184). Parenting style is also categorized as constructive (supportive-positive) and destructive (harsh-negative) in terms of these dimensions (e.g. Darling & Steinberg, 1993; Simons et al., 1990). This approach emphasizes a type of parenting that includes both emotional (e.g. affection, warmth) and behavioral (e.g. monitoring and control) components. Constructive parenting includes multiple aspects of parenting, such as parental warmth and involvement, acceptance, autonomy granting, parental support, clear communication, appropriate monitoring and supervision, consistent discipline, and authoritative parenting. These parenting behaviors might be labeled as constructive parenting, because they support and contribute to positive child development. Destructive parenting refers to the behaviors that involve hostility, rejection, coercion, punishments, inconsistent discipline, authoritarian parenting, and permissive parenting (e.g. Kawabata et al., 2011; Simons et al., 1990).

In this study, we categorize a parenting style into five dimensions: acceptance of child, autonomy support, over-protecting, over-demanding, and lack of consequence (Plopa, 2008), which express parental warmth and control. The dimensions of acceptance of child and autonomy support create a constructive (desirable) parental style, which we assume will be associated with the climate for creativity in parent–child relationship. The dimension of acceptance stresses unconditional acceptance of a child as a person, which means respecting and loving the child without regard for her or his positive or negative traits and its understructure of the

parental warmth dimension. An accepting parent creates the atmosphere of a free exchange of feelings and thoughts, trust towards the world and people, safety, and providing a sense of support. Parents who display an attitude of autonomy act in a flexible way and adapt to their children's developmental needs. Parents evaluated as excessively intervening in a children's life (with excessive protection) are interested in each, even the smallest, manifestation of a child's activity. They interfere in children's personal affairs, want to know everything about them, and try to surround them with constant care. Excessive demands are associated with demanding unconditional obedience. Such parents limit their children's future and rigidly demand its imposition. The attitude of inconsistency means that the relationship between a parent and a child is variable, depending on temporary mood, mood and other personal matters, but not necessarily related to family life (Fijałkowska & Bielawska-Batorowicz, 2020; Plopa, 2008; Puchalska-Wasyl & Jankowski, 2020; Skinner et al., 2005).

Our conceptualization of the climate for creativity in parent-child relationship is defined as "parents' overall relatively constant behavioral pattern that helps the child acquire a mindset, attitudes, personal qualities, and skills necessary for creativity" (Kwaśniewska et al., 2018, p. 14). The climate for creativity in parent-child relationship focuses on empirically derived factors, namely encouragement to experience novelty, variety, and nonconformism, inspiration to fantasize and creative thinking, and support for perseverance in creativity efforts (Kwaśniewska et al., 2018; Kwaśniewska & Lebuda, 2017). The factors identified in this concept primarily encompass an attitude that promotes children's autonomy and acceptance for their creative endeavors. Encouragement to experience novelty and variety means parents' willingness to put their children in new situations and encouraging them to think and act out of the box. Encouragement of nonconformism is about allowing parents to follow their children's own paths, including breaking established social norms and crossing their boundaries. Support of perseverance in creative efforts is associated with parents' willingness to support their children in their creative activity, appreciation of their children's ideas, and motivating them to continue to act even if they fail. Encouragement to Fantasize is about encouraging children to think creatively and use their imagination (Kwaśniewska et al., 2018; Kwaśniewska & Lebuda, 2017).

2. Association between dimensions of parenting styles and factors of climate for creativity in parent-child relationship

The concept of creativity is a broad construct that has been defined and operationalized in numerous ways in various studies. Developmental psychologists, who focus in their work on opportunities for developing creative potential, emphasize the role of children's experience of novelty and variety in the development of little-c and mini-c creativity (Beghetto & Kaufman, 2007; Runco, 2003). Undoubtedly, children's autonomy in action is the basis for such impacts. Wide knowledge of the world and a variety of information from different fields constitute a cultural capital, which is important for the development of children's creativity (Kwaśniewska et al., 2018). Allowing children to experiment, to search creatively, to solve problems on their own, seems to be the best way to support the development of creative

(divergent) thinking, with several important characteristics, namely: (1) fluency, understood as the ability to come up with many ideas; (2) flexibility, or the ability to create solutions that are qualitatively diverse; (3) originality, responsible for producing rare and untypical ideas; and (4) elaboration – the ability to develop ideas (Guilford, 1967). Moreover, it has been proven that creative people grew up in families that encouraged their children to experience novelty and variety (Tennent & Berthelsen, 1997). Thus, promoting the development of children's creativity is linked to allowing them to be independent and take risks in new and unfamiliar ideas (Michel & Dudek, 1991). Also, families of eminent and professional creators provided them with intellectual stimulation, encouraged exploration of the environment, strengthened the autonomy of thinking, supported new interests, and granted their children the right to make autonomic choices (*e.g.* Goertzel & Hansen, 2004; Gute et al., 2008). Based on these reports, we formulated the following hypotheses:

H1a and **H1b**: It is assumed that in the parent–child relationship, a constructive parenting style [i.e. parental acceptance of child (H1a) and autonomy granting (H1b)] would be positively related to the encouragement to experience novelty and variety.

Many researchers view the concept of creativity through the prism of personality traits that include independence (e.g. Batey & Furnham, 2006; Nickerson, 2002; Stavridou & Furnham, 1996). Autonomy and independence have also been tied to creative potential in early developmental and personality literature (e.g. Albert & Runco, 1988; Cropley, 1971; Rejskind, 1982; Torrance, 1965; Treffinger, 1980). For instance, Ch. A. Wright and S. D. Wright (1986) defined creative family environment and stressed three main components, i.e. (1) acceptance and respect for the child, (2) stimulation of independence, and (3) enriched learning environment. Currently, independence with regard to children is defined as a personality dimension marked by nonconformism and low agreeableness as well as readiness to oppose the situationally evoked influence of the group and external factors (Karwowski & Jankowska, 2016). It has been shown that children's creativity is fostered in a home environment that provides a balance of independence, self-expression, and risk-taking in a safe environment (Harrington, 1999). Literature on creativity, also suggested the significance of the combination of parental stimulation and support. It turns out that children who feel supported by their parents and challenged to develop their independence and individuality (autonomy) develop better than those who only receive support or challenge (Howe, 2002; Rathunde, 1996). Also, it has been shown that parental support characterized by acceptance is associated with children's high levels of creativity, autonomy, and low levels of conformity (Fan & Zhang, 2014). In research on parenting styles, we found that the authoritative parenting style (characterized by high levels of warmth and autonomy encouragement toward the children) is associated with close ties, adaptive control techniques, and appropriate independence. Authoritative parents who encourage their children's autonomy and freedom of thought, interests, and ideas while maintaining positive emotional bonds (acceptance), are more likely to provide environments that actively encourage independence and exploration of ideas (Lim & Smith, 2008; Mehrinejad et al., 2015). This encouragement demonstrates to children their parents' high priority for independence and stimulates efforts along these lines. On the other hand, authoritarian mothers (contrary in terms of warmth and responsiveness) establish restrictive environments that inhibit growing their children's independence by using physical means of discipline and expecting their children not to make mistakes (Tennent & Berthelsen, 1997). Therefore, the next hypotheses of the present study were:

H2a and **H2b**: It is assumed that in the parent–child relationship, a constructive parenting style [i.e. parental acceptance of child (H2a) and autonomy granting (H2b)] would be positively related to encouragement of nonconformism.

A persistent attitude is defined as continuously striving and committing to goals regardless of immediate rewards. It is proved that it is one of the most critical creative characteristics of the greatest innovators; one that helped them overcome the lack of resources and all another barriers (Kim, 2016). Also, a longitudinal study of professional creativity points to the importance of persistence for creativity (Helson et al., 1995). Moreover, most recognized creativity theories include personality traits related to persistence (see e.g. Teresa M. Amabile's componential theory of creativity: 1983, 2012) and point, for example, to the value of perseverance in the face of obstacles (Rank et al., 2004). However, in relation to children, it is difficult to talk about a persistent attitude in creative work, which is why emphasis is placed on perseverance in creative efforts, involvement in creative activity in the face of difficulty, challenge or uncertainty, and willingness to take risks and learn from mistakes (Robson & Rowe, 2012). Creativity researchers provide support for the notion that parents play an important role in facilitating their children's creative efforts, which can help lay the foundation for their future creative achievements (Craft, 2005). For instance, Karnes et al. (1984) found that parents of gifted children more often encouraged their children to be more independent and support their autonomous efforts. In many guides for parents who want to create a creative home environment, one can find suggestions for supporting children's experimentation and creative effort. Examples of such guidance include "encourage your child to get out and explore, to exercise body and mind, to find something new to learn and then really learn it, to be a maverick, to ask questions to be persistent, and to enjoy the process" (Foster, 2015, p. 143). Research on highly creative individuals proved the role of modeling perseverance and achievement-producing work habits (Gute et al., 2008). Parental support of children's creative effort seems to be particularly promising and important because mature perseverance is associated with higher creative achievements (Abuhassàn & Bates, 2015). Based on these studies, we formulated following the hypotheses:

H3a and **H3b**: It is assumed that in the parent–child relationship, a constructive parenting style [i.e. parental acceptance of child (H3a) and autonomy granting (H3b)] would be positively related to the support of perseverance in creative efforts.

When creativity is understood as a multi-faceted phenomenon, it is also important to stress that creative imagination is one of the key creative abilities (Karwowski & Jankowska, 2016). It is therefore not surprising that in the development of childhood creativity, researchers point to the importance of supporting fantasy, *i.e.* creative imagination (Glăveanu et al., 2018). According to Vygotsky (2004), imagination helps children to understand the world around them. Operation of imagination depends on the quantity and diversity of experience, so parents should encourage their children to use their creative imagination *e.g.* through symbolic play, in which children not only reproduce previous experiences but also, with the help of creative (combinatorial) imagination, create new situations and behaviors. Imaginative play is a natural way of supporting children's creative, autonomous expression and a key

element of their healthy development (Russ, 2004). In this type of play, children manipulate symbols and representations of objects, recombining ideas and visual mental images according to your own ideas, which is important for their creative exploration. But assumption that children are able to think and act autonomously forms the basis for such support (Jankowska & Omelańczuk, 2018). Moreover, it has been empirically demonstrated that play combined with the use of fantasy is one of the predictors of adult creativity (Russ et al., 1999). That is why it is so important to encourage fantasizing and creating a climate conducive to imaginative play from an early age. Likewise, Tennent and Berthelsen (1997) found that mothers who provide the environment that nurtures children's creativity, also value their curiosity and creative imagination. Accordingly, we hypothesized that:

H4a and **H4b**: It is assumed that in the parent–child relationship, a constructive parenting style [i.e. parental acceptance of child (H4a) and autonomy granting (H4b)] would be positively related to the encouragement to fantasize.

In literature, the meaning of "visual mental imagery" is explained by the quality of an individual's visual mental imagery, which is measured in terms of the abilities to generate it, control of the mental images, preference, as well as by the vividness of mental representations (McAvinue & Robertson, 2007). Vividness of visual mental imagery, defined as clarity, liveliness of a mental image, and degree of similarity between subjective experience of visual imagery and corresponding perceptual experience (D'Angiulli & Reeves, 2007), is the most commonly measured dimension of imagery ability (Kihlstrom et al., 1991), also in creativity literature (e.g. LeBoutillier & Marks, 2003). There is plenty of empirical evidence to show that vividness of images and creativity (mainly creative thinking) are interconnected (Jankowska & Karwowski, 2020), which is confirmed by a meta-analysis that sums up these studies (r = .2-.4) (LeBoutillier & Marks, 2003). There are many examples of creators and designers who used their imagery to create (Miller, 2000). Thus, it might be speculated that vivid visual imagery are also helpful in parental creativity. Classic studies have demonstrated that mental imagery is related to creative behavior (Morrison & Wallace, 2001). Based on the above, we assume that vividness of mental images, defined as a parents' creative potential, can help parents understand, visualize, and ultimately create opportunities for creativity in the home environment.

Although literature on creativity suggests existence of relationships between parents' behaviors and climate for creativity in the home environment, most of such studies exclusively examined maternal parenting characteristics (*e.g.* Kwaśniewska et al., 2018; Michel & Dudek, 1991; Tennent & Berthelsen, 1997). Thus, fathers continue to be clearly underrepresented in this research. Moreover, even if mothers and fathers are involved in the study, the researchers do not analyze gender differences within the indicated range (see *e.g.* Lim & Smith, 2008). Meanwhile, studies on the content of parental interactions show that both parents report behaviors connected to the parental warmth (acceptance) dimension, but these behavioral expressions are more frequent in mother–child than in father–child dyads (G. Russell & A. Russell, 1987). And although today fathers are caring for their children more than in the past (Sayer et al., 2004), mothers still spend a greater share of time taking care of children than fathers (*e.g.* Craig, 2006; McBride & Mills, 1993; Greving Mehall et al., 2009). Mothers tend to guide, teach, and engage in empathic conversations when interacting with their children (John et al., 2013). Fathers are more likely to involve in physical and outdoor play interactions, educational and recreational activities more than any other kinds of caring (*e.g.* Craig, 2006; Craig & Mullan, 2011; Greving Mehall et al., 2009). Importantly, during play fathers are more likely than mothers to encourage their children to take risks and initiative in unfamiliar situations, overcome obstacles, and explore unconventional play (John et al., 2013; Kromelow et al., 1990). Supporting this idea, Grossman et al. (2002) made the point that the role of the father as play partner and a gently challenging companion during creative exploration of the world may be particularly important in supporting the child's autonomy, especially in preschool and early school years. In this paper, we analyze maternal as well as paternal parenting styles in terms of differential impacts of parents' gender in creating climate for creativity in home environment.

3. The present study

The principal purpose of the present study was to explore the relationship between dimensions of constructive parenting styles, (*i.e.* parental acceptance and autonomy granting), and factors of the climate for creativity in parent–child relationships, namely encouragement to experience novelty and variety, encouragement of nonconformism, support of perseverance in creative efforts, and encouragement to fantasize, as well as parents' vividness of mental imagery. Based on the literature review, we formulated eight detailed research hypotheses (H1a, H1b, H2a, H2b, H3a, H3b, H4a, H4b), which we presented in the theoretical introduction. Moreover, we formulated the following two research questions:

- 1. Is there a relationship between parents' level of vividness of mental imagery, defined as a parent's creative potential and climate for creativity in parent-child relationship?
- 2. Does parents' gender differentiate the structure of the relationships between dimensions of constructive parenting style and factors of the climate for creativity in parent-child relationship?

To the best of our knowledge, the present study is the first research on associations between dimensions of parenting style and factors of climate for creativity in the family context.

4. Method

4.1. Participants

Data from 313 parents (49.8% of whom were mothers and 50.2% of fathers) were analyzed. Respondents had between 1 and 4 children (M = 1.89; SD = 0.66), of which 33.5% had one, 47.6% two, 15% three, and 3.8% four. The respondents were between 26 and 54 years of age, with an average of M = 38.97 and SD = 6.37, whereas fathers were significantly older (M = 41.11; SD = 6.30) than mothers (M = 36.81; SD = 5.69) *F* (1, 311) = 40.03; *p* < .001; *d* = 0.72. All participants were Polish. 36.4% of them came from cities with a population of over 100,000; 27.5% from cities with a population between 20 000 and 100 000; 10.9% from cities with a population under 20 000; and 25.2% lived in rural areas. Most mothers had higher (58.4%) or secondary education (35.8%), and only 4.8% of them held vocational and 1%

elementary education. Fathers' level of education was slightly lower than that of the mothers, as 43.5% held higher, 38.4% secondary, 15.5% vocational, and 2.6% elementary education. The majority of participants (58.3% mothers and 56.7% fathers) declared very good financial situation, which allows them to satisfy all their needs without sacrifices. 31.4% mothers and 29.3% fathers claimed that they live frugally to satisfy all their needs, while 10.3% mothers and 14% fathers claimed that their financial situation allows them to satisfy only basic needs and requires constant saving.

4.2. Measures

The climate for creativity in parent-child relationship. The Climate for Creativity in Parent-Child Relationship Questionnaire (CCP-CRQ) (Kwaśniewska et al., 2018) is a 24-item, self-administered instrument measuring four dimensions of parental behaviors that promote the climate for creativity in parent-child relationships: encouragement to experience novelty and variety (*e.g.* "I try to suggest to my child unconventional ways to solve problems"), encouragement of nonconformism (*e.g.* "It is important to me that my child is always being polite"), support of perseverance in creative efforts (*e.g.* "I always value my child's ideas even if they are far from perfection"), and encouragement to fantasize (*e.g.* "I encourage my child to fantasize"). Each scale consists of six items. Using a seven-point response scale (1 – "entirely disagree", 4 – "neither agree nor disagree", 7 – "entirely agree"), participants rate the degree of their agreement with each item. Each scale of the CCP-CRQ has acceptable reliability. The values of internal consistency determined by the conservative method of Cronbach's alpha range in this study were acceptable: encouragement to experience novelty and variety $\alpha = .81$, encouragement of nonconformism $\alpha = .77$, support of perseverance in creative efforts $\alpha = .89$, and encouragement to fantasize $\alpha = .75$.

Parenting styles. The Parental Attitudes Scale (KPR) (Plopa, 2008) characterize parenting styles towards children according to five dimensions: acceptance of a child (*e.g.* "I often try to make it clear to my child that I love him"), autonomy granting (*e.g.* "I agree that my child may make different choices depending on his age"), excessive protecting (*e.g.* "I always want to know where my child is and what my child is doing"), excessive requirements (*e.g.* "I demand absolute obedience from the child"), and inconsistency (*e.g.* "When I'm nervous, it's hard to predict how I'll behave towards my child"). Each dimension has 10 statements. For all dimensions, a 5-point response scale is used (1 – "I am definitely not like that and I don't act like that"; 3 – "I have doubts if I am like that and I behave like that"; 5 – "I'm definitely like that and I behave like that"). The Cronbach's alpha coefficients for the KPR in this study were average: acceptance $\alpha = .91$, excessive requirements $\alpha = .89$, autonomy $\alpha = .79$, inconsistency $\alpha = 91$, and excessive protecting $\alpha = .85$.

Vividness of mental imagery. Participants solved the Polish version of the Vividness of Visual Imagery Questionnaire (VVIQ) that allows for valid and reliable measurement of vividness of mental imagery (Jankowska & Karwowski, 2020). The VVIQ (Marks 1973) is the questionnaire that provides a global assessment of the vividness of mental imagery. The VVIQ consists of 16 items in four groups of 4. The participant is invited to consider the mental image about specific scenes and situations (*e.g.* "Visualize a rising sun. Consider care-

fully the picture that comes before your mind's eye"). For each image, participants indicate how vivid the four items relating to that image are (*e.g.* "The sun rising above the horizon into a hazy sky") by providing a rating on a scale from one ("Perfectly clear and vivid as real seeing") to five ("No image at all, you only "know" that you are thinking of the object"). Internal consistency reliability of the VVIQ is high, usually with alpha coefficients around .90 (*e.g.* Burton, 2003; Campos & José Pérez-Fabello, 2009), in this study $\alpha = .96$.

4.3. Procedure

Research was conducted with the use of the Computer Assisted Web Interviewing method based on original questionnaires in an electronic form. Sample selection was random. Participants were members of the on-line panel called Pollster Poland research company (including 211 000 Poles altogether, a representative nationwide sample). Participants were randomly selected from the panel based on three criteria: (1) having children aged 6-12, (2) locality size, as well as (3) parents' gender (with the assumption that a half of the sample will be made up of fathers). Participants were not remunerated for participating in the study. In this study, only one parent per family contributed data and all participants had one or more children between 6 and 12 years of age. If the household had more than one child at that age, only the youngest child was selected as the target child for the study. Mean age of children qualified for the study, meaning those whose parents made statements about with the use of the CCP-CRQ, amounted to M = 8.89 and SD = 2.04. Children's gender distribution was almost proportional, with 53% of girls and 47% of boys. All parents who agreed to participate in the survey were included were also informed about data confidentiality and they provided consent to process personal data. Protocol and procedure of the study were accepted by the Institutional Review Board of one of the author of this article - Dorota Maria Jankowska's university.

4.4. Data analysis

In first step, descriptive statistics and bivariate correlations were computed. The goal of these analyses was to perform initial verification of the hypotheses we formulated and first research question. Next – due to the special role of parents' gender in further analyses – a multivariate analysis of variance (MANOVA) was conducted to examine whether and to what extent the measured characteristics differed for mothers and fathers. In order to respond to the research question no. 2, in the last step we performed a series of hierarchical regression analyses for the entire sample, and separately among mothers and fathers, to test the moderating effects of parents gender.

4.5. Results

Descriptive statistics and intercorrelations between individual variables controlled in the study are presented in Table 1.

The structure of relations between individual scales and the KPR (Plopa, 2008) confirms the anticipated division into constructive (supportive-positive) and destructive (harsh-

	Variable	1	2	3	4	5	6	7	8	9	10	11
1	Acceptance of a child	1										
2	Excessive re- quirements	.03	1									
3	Autonomy granting	.64*	03	1								
4	Inconsistency	29*	.70*	08	1							
5	Excessive pro- tecting	.24*	.55*	.09	.42*	1						
6	Vividness of Visual Imagery Questionnaire	.37*	.01	.26*	13*	01	1					
7	Encouragement to experience novelty and variety	.40*	16*	.33*	27*	06	.32*	1				
8	Encouragement of noncon- formism	.05	.30*	07	.05	.25*	.19*	.38*	1			
9	Support of perseverance in creative efforts	.49*	22*	.39*	38*	01	.28*	.76*	.42*	1		
10	Encouragement to fantasize	.28*	13*	.28*	18*	04	.27*	.79*	.35*	.69*	1	
11	Child's age	05	07	.001	10	01	.01	07	.001	02	09	1
M		4.24	3.03	3.74	2.54	3.19	119.57	5.33	5.10	5.76	5.26	8.89
SD		0.65	0.75	0.55	0.87	0.74	21.33	0.85	0.87	0.80	0.83	2.04

Table 1. Descriptive statistics and intercorrelations between study variables (source: created by authors)

Note: *p < .05.

negative) parenting styles. Consistently, the constructive parenting style is made up of the dimensions of acceptance and autonomy, which remain in a strong and positive correlation (r = .64). At the same time, the dimension of acceptance remains in a weak and negative correlation with the dimension of inconsistency (r = -.29) as well as a weak but positive correlation with the dimension of excessive protecting (r = .24). In turn, destructive parenting style is made up of the dimensions of excessive requirements, inconsistency and excessive protecting, which are strongly and positively correlated. The dimension of excessive requirements strongly correlated with the dimension of inconsistency (r = .70) as well as excessive protecting (r = .55). In turn, the dimension of inconsistency was averagely correlated with the dimension of excessive protecting, none of the dimensions significantly correlated with the attitude of autonomy.

Also, individual dimensions of parental behaviors that promote the climate for creativity in the parent–child relationships remained in positive correlations that fell between r =.35 and r = .79, whereby the weakest correlation was observed between encouragement of nonconformism and encouragement to fantasize, and the strongest between encouragement to fantasize and encouragement to experience novelty and variety.

Bivarite correlations confirmed that hypotheses H1a, H3a and H4a were right. According to those hypotheses, parental acceptance of a child would be positively related to the encouragement to experience novelty and variety (r = .40; p < .05), support of perseverance in creative efforts (r = .49; p < .05), and encouragement to fantasize in the parent–child relationship (r = .28; p < .05). However, hypothesis H2a, which assumed a correlation between parental acceptance of child and encouragement of nonconformism (r = .05; p > .05), did not find its confirmation.

Hypotheses H1b, H3b and H4b were also confirmed. According to them, parental autonomy granting would be positively related to the encouragement to experience novelty and variety (r = .33; p < .05), support of perseverance in creative efforts (r = .39; p < .05), and encouragement to fantasize in the parent–child relationship (r = .28; p < .05). However, hypothesis H2b, which anticipated a positive correlation between parental autonomy of a child and encouragement of nonconformism in the parent–child relationship (r = -.07; p > .05) did not find its confirmation.

Additionally, we noted weak and negative correlations between parental excessive requirements and the encouragement to experience novelty and variety (r = -.16; p < .05), support of perseverance in creative efforts (r = -.22; p < .05), and encouragement to fantasize in the parent–child relationship (r = -.13; p < .05), as well as a weak but positive correlation of this dimension with encouragement of nonconformism (r = .30; p < .05). In turn, parental inconsistency strongly and negatively correlated with support of perseverance in creative efforts (r = -.38; p < .05), as well as weakly and negatively correlated with encouragement to experience novelty and variety (r = -.27; p < .05), and encouragement to fantasize in the parent–child relationship (r = -.18; p < .05), while parental excessive protecting weakly but positively correlated with encouragement of nonconformism in the parent–child relationship (r = .25; p < .05).

Parents' level of vividness of mental imagery remained in weak and positive, but statistically significant relations (p < .05) with individual components of the climate for creativity in parent–child relationship, which amounted to: r = .32 for encouragement to experience novelty and variety, r = .19 for encouragement of nonconformism, r = .28 for support of perseverance in creative efforts and r = .27 for encouragement to fantasize. This confirms our suppositions that creative potential can help parents create opportunities for creativity in the home environment. Moreover, parents' level of vividness of mental imagery remained in positive and statistically significant correlations with parental acceptance of a child (r = .37; p < .05) and parental autonomy granting (r = .26; p < .05), while weakly and negatively correlating with parental inconsistency (r = -.13; p < .05). The dimensions of parental excessive requirements (r = .01; p > .05) as well as excessive protecting (r = -.01; p > .05) did not correlate with parents' creative potential (*i.e.* vividness of mental imagery).

The age of children whose parents made statements about did not correlate with any variables controlled in the study. Likewise, children's age did not differentiate any of them either. The MANOVA did not reveal any significant differences [F(10, 300) = 1.34; p > .05]

either when it comes to dimensions of parenting styles, dimensions of climate for creativity in the parent-child relationships, or parents' level of vividness of mental imagery.

The MANOVA revealed existence of two statistically significant differences between mothers' and fathers' characteristics [F(10, 302) = 3838.91; p < .001]. According to them, mothers are characterized by a significantly higher intensity of acceptance of a child than are fathers [mothers: M = 4.35, SD = 0.66, fathers: M = 4.13; SD = 0.61, F(1, 311) = 9.30; p < .001; d = .34] and excessive protecting [mothers: M = 3.30; SD = 0.78, fathers: M = 3.08;SD = 0.67, F(1, 311) = 7.72; p < .001; d = .31]. However, no statistically significant differences were noted between mothers and fathers in the remaining variables controlled in this study, namely parental excessive requirements [mothers: M = 3.00; SD = 0.81, fathers: M = 3.06; SD = 0.69, F(1, 311) = 0.55; p > .05; d = .08, autonomy [mothers: M = 3.74; SD = 0.59, fathers: M = 3.74; SD = 0.51, F(1, 311) = 0.02; p > .05; d = .02], inconsistency [mothers: M = 2.57; SD = 0.92, fathers: M = 2.50; SD = 0.81 F (1, 311) = 0.66; p > .05; d = .09], level of vividness of mental imagery [mothers: M = 118.96; SD = 23.35, fathers: M = 120.18; SD = 19.17, F(1, 311) = 0.26; p > .05; d = .06], encouragement to experience novelty and variety [mothers: M = 5.30; SD = 0.82, fathers: M = 5.37; SD = 0.87, F(1, 311) = 0.54; p > .05; d = .08], encouragement of nonconformism [mothers: M = 5.06; SD = 0.88, fathers: M = 5.14; SD = 0.86, F(1, 311) = 0.67; p > .05; d = .09], support of perseverance in creative efforts [mothers: M = 5.81; SD = 0.79, fathers: M = 5.71; SD = 0.82, F(1, 311) = 1.23; p > .05; d = .12] and encouragement to fantasize [mothers: M = 5.24; SD = 0.84, fathers: M = 5.28; SD = 0.81, F(1, 311) = 0.18; p > .05; d = .05].

In the next step, we conducted a series of hierarchical regression analyses (Table 2). In each of them, we predicted consecutive dimensions of the climate for creativity in parentchild relationships. We introduced independent variables in two stages; the first variable was dimensions of a constructive parenting style, and the second was dimensions of destructive parenting style. Such a solution made it possible for us to determine percentages of explained variance (R²) of individual dimensions of the climate for creativity shared by the constructive and destructive parenting style components, thanks to which it then became possible to identify the one that plays a key role in shaping conditions for parents to support their children's creativity. Because a number of variables correlated, we controlled the level of multicollinearity (see Aiken & West, 1991) for each model. In each model we tested, the variance inflation factors were below 2.9, which showed that the level of multicollinearity (Hair et al., 2018) was permissible.

Results of regression analyses for the entire sample confirmed validity of hypotheses H1a, H1b, H3a, H3b, H4a, and H4b. According to them, a constructive parenting style, made up of the dimensions of acceptance of a child and autonomy granting, positively correlated with three of four components of the climate for creativity in parent–child relationships, namely: (1) encouragement to experience novelty and variety, (2) support of perseverance in creative efforts, and (3) encouragement to fantasize. However, hypotheses H2a and H2b were rejected, because components of the constructive parenting style were not statistically significantly related to encouragement of nonconformism.

T.	.47*** .21* .05 .26* .19*** .19***
.08	.26* .19***
.05	.19***
.02*	
p 2: Din	Step 2: Dimensions of destructive parenting style
.48***	1206 .48*
39***	050539
.17*	1002 .17
.16***	.23*** 20*** .16*
.14**	.04* .01 .14

Table 2. Regression analyses (source: created by authors)

Note: *p < .05; **p < .01; ***p < .001.

In this model, what significantly and positively predicted encouragement of nonconformism were the dimensions of excessive requirements ($\beta = .48$; p < 0.001) and excessive protecting ($\beta = .17$; p < 0.05), while inconsistency predicted it negatively ($\beta = -.39$; p < 0.001). Overall, the destructive parenting style was explained by the total of 14% of the variance of results on this scale, whereas the constructive parenting style was explained by as little as 2%.

The structure of relations between the components of parenting style and encouragement to experience novelty and variety was different for mothers and fathers. In the case of mothers, the dimension of acceptance ($\beta = .47$; p < 0.001) was the only significant predictor, whereas in the case of fathers, it was both acceptance ($\beta = .21$; p < 0.05) and autonomy ($\beta = .26$; p < 0.05). For both mothers and fathers, constructive parenting style was explained by 19% of the variance of encouragement to experience novelty.

Relations between the components of parenting style and encouragement of nonconformism also differed slightly per parents' gender. In the case of mothers, the dimensions of excessive requirements ($\beta = .53$; p < 0.001) and inconsistency ($\beta = -.49$; p < 0.001) proved to be significant predictors of encouragement of nonconformism, whereas in the case of fathers, it was excessive requirements ($\beta = .40$; p < 0.001), inconsistency ($\beta = -.23$; p < 0.05), as well as excessive protecting ($\beta = .21$; p < 0.05). Components of the destructive parenting style made it possible to explain the total of 14% of the variance of encouragement of nonconformism in the case of mothers and 15% in the case of fathers.

Parents' gender differences also appeared in the structure of relations between parenting style and support of perseverance in creative efforts in the parent–child relationships. For mothers, the dimensions of acceptance ($\beta = .39$; p < 0.001) as well as inconsistency ($\beta = -.28$; p < 0.05) proved to be significant predictors of this type of behavior, while in the case of fathers, these were the dimensions of acceptance ($\beta = .35$; p < 0.001) as well as autonomy ($\beta = .26$; p < 0.05). The tested models explained the total of 35% of the variance of support of perseverance in creative efforts among mothers and 29% among fathers.

In the case of mothers, the dimension of acceptance ($\beta = .23$; p < 0.05) proved to be the only predictor only predictor of encouragement to fantasize, while in the case of fathers, it was the dimension of autonomy ($\beta = .28$; p < 0.01). Whereas in the group of mothers, the constructive parenting style explained the total of 6% of the variance of encouragement to fantasize, in the case of fathers, the percentage of explained variance was almost twice higher and reached 13%.

Discussion

This study sheds new light on how dimensions of parenting style matter for climate for creativity in the parent-child relationship. Specifically, we examined how parental acceptance of a child and autonomy granting (defined as a constructive style) are linked to encouragement to experience novelty and variety, encouragement of nonconformism, support of perseverance in creative efforts, and encouragement to fantasize. We also examined whether the level of parents' vividness of mental imagery, which we operationalized as a parent's creative potential, is related to the factors of the climate for creativity in the parent-child relationship. Finally, we examined parents' gender differs in the explanation of relationships between the parental style and the climate for creativity in the home environment.

Similar to previous research (e.g. Fan & Zhang, 2014; Rathunde, 1996; Tennent & Berthelsen, 1997), the constructive parenting style characterized by acceptance and autonomy granting was linked with creative home environment. The results revealed a positive relationship between parental acceptance of a child and encouragement to experience novelty (H1a), support of perseverance in creative efforts (H3a), and encouragement to fantasize (H4a) in the parent-child relationship. Likewise, parental autonomy granting was positively related to the encouragement to experience novelty and variety (H1b), support of perseverance in creative efforts (H3b), and encouragement to fantasize (H4b) in the parent-child relationship. Also, the constructive parenting style consisting of the dimensions of acceptance of a child and autonomy granting explained much more of the variance than the destructive parenting style in the case of three of four factors of the climate for creativity in the parent-child relationships, *i.e.* (1) encouragement to experience novelty and variety, (2) support of perseverance in creative efforts, and (3) encouragement to fantasize. These findings demonstrate the important and powerful role of the family as a context of children's creativity development. It has been proven that parent-child relationship that manifest themselves through creating a home environment where a child may be autonomous, unconventional, curious, and open-minded are linked with nurturing children's creativity (Pugsley & Acar, 2020). However, in our study, we did not examine the development of children's creativity in relation to parental behaviors that support their creative potential. Thus, more longitudinal designs need to be done to examine the relationships between constructive parenting style and climate for creativity in the parent-child relationships, as well as whether and to what extent this type of parenting practice impacts on children's creativity development. Moreover, future research should also investigate broader analyses of the interactions among specific factors in the ecological systems around children, such as family-school partnerships as an essential and effective way to promote children's development (Yamauchi et al., 2017), including their creativity (Kemple & Nissenberg, 2000).

Contrary to predictions, no significant relationships were found between parental autonomy of a child and encouragement of nonconformism as one of the factors of the climate for creativity in the home environment (H2a), as well as parental autonomy granting and encouragement of nonconformism (H2b). This may be due to the parents' understanding of nonconformism as an indicator of children's creative potential or insufficient sensitivity of the tool that was used to assess this personal trait in childhood. Children whose parents participated in this study and made statements about them were slightly under 9 years of age. This is why we could potentially assume that the parents did not define their non-conformism through the lens of existing norms, like Kwaśniewska et al. (2018) posit, but through the lens of rebellious creativity, as Karwowski and Jankowska (2016) suggest, as the former is more typical for children's functioning in adolescence. For this reason, participants may have responded to questions in socially desirable ways. For this purpose, additional experimental or observational studies should be carried out, but deepened by interviews with parents about conventional social rules, including their understanding of and necessity for these rules by their children. It should also be noted that not only the parents' definition of nonconformity

may depend on the age of their children. Moreover, in the present study, only parental selfreport measures were used to assess parenting behavioral outcomes. Children's perspective on parenting practices may be quite different, although a significant convergence between a child and parent reports on parenting dimensions (among others supporting) has been established in middle childhood (Kuppens et al., 2009). Nonetheless, it would be beneficial in future studies to include a multiple informant approach when identifying parenting behaviors, also in different age groups.

As for the creative potential of parents, the present study has found supporting evidence for a positive (but weak) correlation both between the factors of climate for creativity in parent-child relationships and the dimensions of constructive parenting style. It seems that the high degree of vividness of mental imagery is not the most important for nurturing children's creativity, but the positive correlations between this variable and the dimensions of constructive parenting style, (i.e. parental acceptance and autonomy granting), as well as all factors of the climate for creativity in parent-child relationships suggest that parents' creative potential can be important for creating an environment that stimulates children's creativity. In this sense, our findings are somewhat in line with expectations we have of teachers. According to them, we assume that students' creativity is developed best by creative teachers (Rejskind, 2000). Perhaps it would be appropriate to analyze not only the creative potential (e.g. level of creative abilities of parents or personality traits related to creativity), but also creative achievement that refers to actual real-life creative accomplishments (Carson et al., 2005) or parents' creative mindsets, i.e. beliefs about the stable versus malleable character and the nature of creativity (Karwowski, 2014), and their links with parents' parenting styles and fostering creativity at home. This would be an interesting question for future research to address.

The role of parents' gender in the structure of the relationships between the dimensions of a constructive parenting style and factors of the climate for creativity in parent-child relationship is more complex to interpret. More than fathers, the examined mothers were characterized by significantly higher intensity of acceptance of a child, which is very often used in defining the emotional warmth dimension (Skinner et al., 2005). Only this one significant difference between fathers and mothers was found in the analyzed variables. This result is consistent with previous findings (e.g. John et al., 2013; G. Russell & A. Russell, 1987) and one explanation of this may be that mothers spend more time with their children than fathers do (e.g. Craig, 2006; McBride & Mills, 1993; Greving Mehall et al., 2009) and thus they build warmer, accepting relationships. An alternative explanation is that the father's acceptance is more conditional than the mother's (Forehand & Nousiainen, 1993) and for this reason, we noted lower level of its occurrence. Importantly, the structure of the relationship between the components of a constructive parenting style and factors of climate for creativity in parent-child relationship was different for mothers and fathers. Perhaps one of the most important findings was that fatherly autonomy, but not motherly, was a significant predictor of three out of four factors of the climate for creativity in parent-child relationship, *i.e.* encouragement to experience novelty and variety, support of perseverance in creative efforts, and encouragement to fantasize. In the group of mothers, the dimension of acceptance turned out to be predictive for these elements of the creative climate in the environment.

These findings suggest that autonomy granting may be a crucial aspect of fathers' parenting in the context of fostering children's creativity, whereas acceptance in the case of mothers. According to the gender schema theory (Bem, 1981), females tend to exhibit higher levels of expressiveness, sensitivity, and affection, and males generally exhibit higher instrumentality (Wood & Eagly, 2002). Consequently, it is possible that mothers may adopt a warmer, supportive style to promote children's creativity, whereas fathers a more goal-oriented style, that focuses on posing challenges. These differences are likely due to gender-specific behaviors and should be investigated in future research.

Limitations

Our study is not void of limitations. First, it is important to emphasize that it was conducted solely on parents, whereas in their vast majority they are characterized by both higher education and good financial situation. Because of this, we are not certain whether the dimensions of parenting styles and factors of the climate for creativity in parent–child relationships we controlled really exert positive influence on the development of children's creativity. Because in this study we did not control the level of children's creativity, we can only predict that parental behaviors we analyzed are conducive to children's creativity, as previous studies indicated (see Harrington et al., 1987). This is why we recommend that in future such studies include children's creativity levels and are longitudinal sample. It is only then that it will truly be possible to indicate that the dimensions of parenting styles and factors of the climate for creativity in parent–child relationships we analyzed do influence development of children's creativity in parent–child relationships we analyzed do influence development of children's creativity in parent–child relationships we analyzed do influence development of children's creativity is potential, or contribute to their mature creative achievements.

Secondly, unfortunately, we do not know how examined parents understand the notion of creativity, which could be critical for the activities they undertake to support their children's creative potential. It applies both to their convictions about whether children's creative potential is invariable (fixed mindset) or possible to be stimulated (growth mindset) (see Karwowski, 2014; Kaufman & Beghetto, 2013) and to the personality characteristic of a creative child, which may be of significant importance for the results we obtained. For instance, recent studies by Gralewski (2019) show that teachers include students' independence among personality traits of creative students, but we are not certain that this trait is of importance also to parents and if yes then how they interpret it. Such analyses could help understand the lack of relation between constructive parenting style and encouragement of nonconformism as one of the factors of the climate for creativity in the home environment.

Finally, it is important to note that the dimensions of parenting styles we analyzed correlated. Even though in our study the level of multicollinearity was acceptable, it could potentially influence estimation of standardized regression coefficients. This is why we tested our hypotheses in two ways – by using bivariate correlations and hierarchical regression analyses. Moreover, in consideration of mutual correlation of variables that form constructive and destructive parenting styles, we conducted regression analyses in two blocks, which made it possible for us to assess the percentage of explained variance (R^2) for each of these styles in relation to the factors of climate for creativity in the home environment, and hence to indicate which of these styles is of greater importance to the parents.

Conclusions and implications

In summary, present study provides new information about how parenting styles are linked to the climate for creativity in families with children aged 6-12. Although future studies are warranted to validate these findings, we found that constructive parenting style (*i.e.* parental acceptance of a child and autonomy granting) predicted encouragement to experience novelty and variety, support of perseverance in creative efforts, and encouragement to fantasize in the parent-child relationship. Patterns of these relations were different for mothers and fathers. Whereas in the case of mothers relations solely with child's acceptance are important, for fathers, the attitude of child's acceptance as well as autonomy granting are the predictors that are important for the climate for creativity in parent-child relationships. Explanation of these differences is not obvious and requires further studies. However, we cannot rule out the possibility that they are at least partially conditioned by stereotypical gender roles (Abele & Wojciszke, 2007), which make mothers focus mainly on ensuring that the child feels safe and accepted, while fathers also consider their independence and autonomy. Thus, our study may be the first step in explaining the role of parental behavior for children's creativity development though creating a climate for creativity in the home environment. Especially, in-depth studies on the role of parental gender in the relationship between the dimensions of constructive parenting styles and the climate for the creativity in parent-child relationships may be a promising direction. Moreover, future research could investigate the effectiveness of interventions to support parents in creating a climate for creativity in parent-child relationships.

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